



WEST ALLIS **FITNESS**

FOOTBALL

League



It's the time of year to put on the shoulder pads and toss the pigskin around. This is a team competition consisting of 4 people per team. Each time you exercise, you will accumulate yards and the team with the most yards at the end of the competition will win fabulous prizes! Don't worry if you don't have a team. Just sign up at the front desk. We will put you on a team.

**Monday, September 5
to
Friday, October 7**

Cost: \$10 per person.

